

OF COMMERCE & ECONOMICS

Accredited 'A' Grade by NAAC

Lala Lajpatrai Marg, Mahalaxmi, Mumbai – 400034. Tel. No. 23548240/ 23548241 Fax: 23532896

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2018-2019 1. International Yoga Day Week







Date:- 21st-23rd June, 2018

International Yoga Day Was Organized By NSS Unit. Resource Person for the activity was Yogi Kush Panchal, an international Yoga Trainer. Various activities were conducted like awareness rally, yoga workshop. 50 Volunteers Participated along with Teaching And Non-Teaching Staff.

Objective:-

- To raise awareness about various benefits of practicing yoga.
- To discover the sense of oneness with yourself, the world and the nature.

Outcome:-

• Participants were motivated to practice yoga regularly, making healthier choices and following lifestyle patterns that foster good health.









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2018-2019

2. HEALTH & EDUCATION PROJECT-STREET PLAY ON DENGUE AND MALARIA





A Health & Education project awareness activity were conducted in college premises in collaboration with Tuliwadi Slums as per the instructions received from NSS CELL

University of Mumbai wherein 47 volunteers participated. Volunteers performed a street play on dengue and malaria wherein 27 volunteers participated on 30th July and 4th August 2018. This activity was organized on 10th, 20th, 26th, 30th July and on 4th and 30th August 2018.

Objective: The objective of this event was to spread awareness to the slums about the basic health and education which is necessary for any individual in the society. This social activity was conducted for the slums to be healthy, safe and be able to read and write.

Outcome: The slums were educated about how to be healthy by following daily habits like brushing, bathing staying in an infected free area etc. Volunteers prepared a play to help the people of the slum understand the thing better.









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3. MUMBAI POLICE TARDEO INDEPENDENCE DAY CELEBRATIONS



Independence day was celebrated in collaboration with TARDEO & WORLI police station as per instructions received by NSS CELL, UNIVERSITY OF MUMBAI. Where 20 volunteers participated.

The activity included greeting police officer with cards, flowers and sweets . General cleaning and rag picking was done by volunteers at tardeo police station This activity was conducted on 15th August 2018

Objective: To objective of this activity is to remember the day of independence from the end of British rule in 1947 and the establishment of a free and independent Indian nation.

Outcome: On the occasion of Independence Day the students volunteered and performed a play and some more entertainment activities at the Tardeo police station









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4. SAWACHH BHARAT ABHIYAAN







Date:- (30th June, 13th to16th, 20th, 24th, 28th, 29th August 2018, 3rd & 4th &15th & 28th September 2018, 14th, 15th & 21st January 2019)

A Swachha Bharat Abhiyan awareness activity was organised in the adopted Area Tulsiwadi & Mahalaxmi Railway Station. Awareness was done through Rallies, Street Play, & Flash Mob. 85 volunteers participated for the activity.

Objective:- Was to make maximum number of peoples aware about the Swachh Bharat Abhiyan.

Outcome:- Approximately 500 people's were sensitized about the Swachh Bharat Abhiyan.









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5. BONE MARROW REGISTRATION



Date: - 24th Aug, 2018

Bone Marrow Registration drive was conducted in collaboration with Marrow Donors Registry of India (MDRI). 30 volunteers participated in the activity.

Objective:-

- To increase the pool of Bone Marrow Registration.
- To spread awareness about Bone Marrow Diseases and Donations.
- To reduce the death rate caused due to unavailability of Bone Marrow.

Outcome:- 144 number of people showed willingness to donate bone marrow whenever required & registered themselves as bone marrow donor.





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6. DIALOGUE WITH STUDENTS ON PARTNERING YOUTH FOR BETTER TOMORROW



Session On "Dialogue With Students On Partnering Youth For A Better Tomorrow".

A session was conducted on 27th August 2018, in college Auditorium on Traffic Rules in which around 20 school and college participated. Total 50 numbers of volunteers participated in the activity.

Objective:

To get in touch with the students and teach them in a way they understand better. Give youth an opportunity to contribute and offer their input. Allow active collaboration between adults and youth—integrate youth into committees with adults who can act as mentors.

Outcome:

When adults listened to youth voices, we heard that they wanted the support of adults to make changes in their community and that they needed adults to see them. Form relationships with teachers who engage youth in community concerns to increase youth involvement.









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7. EXHIBITION RAKSHABANDHAN SANKALP





Raksha Bandhan activity were conducted with special children at Tardeo (S.V.R.R) in collaboration with S.V.R.R school as per the instructions received from NSS CELL, University of Mumbai. Wherein 46 volunteers participated. The awareness was spread by tying them Rakhi which was made by our volunteers and we had also provided them snacks and gifts. Volunteers also played some funny games with them so they can enjoy the celebration. This activity was organized on 29th August 2018.

Objective:

This activity was conducted at Tardeo in S.V.R.R School. The objective of this activity was to spend time and celebrate the beautiful bond of bother and sister with the special children's of S.V.R.R.

Outcome:

All the volunteers took part in some or the other activity and they entertained the children's of the S.V.R.R. School by playing games with them. Volunteers also made Rakhi's for the students









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8. MALARIA/DENGUE AWARENESS & H1N1 AWARENESS







Date:- 10th,20th,26th July & 30st July, 4th & 30th August 2018.

A Malaria / Dengue Awareness & H1N1 Awareness Programme was conducted by NSS Unit in collaboration with Brihanmumbai Municipal Corporation (BMC) wherein 75 volunteers participated in it.

Objective:- To aware the masses about the Prevention & Mitigation measures to protect against Dengue, Malaria & H1N1.

Outcome: - Approximately 100 families were sensitized about the mitigation measures of Dengue,

Malaria & H1N1.









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9. HUMAN TRAFFICKING



Human trafficking and mental health awareness activity was conducted in collaboration with The Movement Organization as per the instructions received from NSS cell, University of Mumbai wherein 55 volunteers participated. The awareness activity includes two seminar one with LLB students and another with our volunteers and other students. This activity were conducted at 6th September 2018.

Objective: This activity was conducted to spread awareness about the Human trafficking. Effective public awareness and outreach efforts can lead to the detection of human trafficking cases, build public support, ultimately help prevent human trafficking.

Outcome: Students were educated on human trafficking and mental health awareness with the help of seminar which included interaction with the resource person. They were also informed about how to tackle situation if faced with such kind of situation









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10. GREEN GANESHA WORKSHOP





Green Ganesha Workshop & Beach cleaning activity was conducted in collaboration with Times of India as per the instructions received from NSS cell, University of Mumbai wherein 35 volunteers participated. It awareness activity included workshop on making of Eco-friendly Ganesha. These activities were conducted (Green Ganesha) on 12th September 2018, Beach cleanup at (Girgaon Chow patty) on 24th September 2018.

Objective: The objective of this activity was to spread awareness in the society for the use of clay in making of the Ganesh idols as the other materials use are harmful for the environment. Beach cleanup was also an initiative taken by the volunteers to clean the beach after the Ganesh visarjan.

Outcome: In this activity volunteers made clay Ganesh idols and decorated it to promote the use of clay. Volunteers also participated at the Girgaon Chowpartty for the beach clean up drive after the visarjan







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11. GENDER SENSITIZATION

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A Gender Sensitization seminar was conducted in the college premises as per the instructions received from NSS CELL University of Mumbai wherein 63 volunteers participated. The seminar taken by Mr. Pravin Sir, where they explain gender sensitization through different songs. This activity was organised on 15th September 2018.

Objective: The objective of this activity was to provide Information about the gender sensitization and an integrated and interdisciplinary approach to understand the social and cultural constructions of both men and women

Outcome: Mr. Praveen Sir guided the volunteers of this seminar by using various means of media such as photos videos and songs. Later on the students were educated about how can we achieve Gender sensitization









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12. MUMBAI DISTRICT AIDS CONTROL SOCIETY





This celebration was held from 1st to 21st of December & 9th January in the year 2018-2019 World Aids day was celebrated in the presence of many volunteers and as per the guidance of NSS CELL, UNIVERSITY OF MUMBAI Multiple Interesting activities was conducted by many of the NSS Volunteers for creating a general awareness among the common people on the special occasion of WORLD AIDS DAY. Total 178 volunteers were there

Objective: The objective of this activity was to spread awareness about the an STD called as AIDS various seminars And workshops were setup to spread awareness in the society

Outcome: These where the following forward steps was taken by our NSS Volunteers are:

World Aids Day Week 10th to 12th Dec 18-19 by Organizing activities like Poster Making Competition, T-Shirt Painting, Rally on HIV/AIDS Awareness, Street Play, HUMAN CHAIN. A seminar was organized on HIV/AIDS awareness. The resource person was Mrs. Savita Kurade. The students cleared all their doubts regarding HIV & AIDS like how it affects, how it is spread from one person to another. She also cleared some misconceptions and spoke on various aspects of HIV & AIDS.56 volunteers were participated.









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13. PANCHAYAT SAMITI SHAHPUR (THANE) 7 DAYS SPECIAL RURAL CAMP (11TH TO 17TH DECEMBER,2018)













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Our N.S.S. UNIT of our college had organized a 7 days Special rural camp from 11th to 17th

December, 2018 at Bhakti Niwas, Mahala, Awale Village, Taluka-Shahpur, District- thane. 58 volunteers along 4 exvolunteers and 2 N.S.S. Program Officers participated in the camp. Many activities were organized for Community Development and Awareness.

Swachh Bharat Abhiyaan:

Swachh Bharat Abhiyaan was carried out at the camp site, In which volunteers cleaned the camp site area daily.

Objective: The objective of this activity was to reach out to the local village of thane district and help the people of the village. Various activities were conducted such as Sachh Bharat Abhiyaan, digging the soak pits and planting more tress in the locality

Outcome: The volunteers were seen carrying out the different activities with the help of programme officer. The volunteers conducted a Swachh Bharat Drive at Shahpur village district thane. The volunteers also dug soak pits at various locations to prevent the fertility of the soil. Volunteers also planted trees in the locality to provide with fresh air in the locality

Volunteers dug around 11 soak pits at various place in Mahuli village. This was done to retain the fertility of soil as it would help in segregating waste material from the water used in bathroom and toilets.

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14.BLOOD DONATION DRIVE







Date:- 30th Aug & 24th Dec 2018

Two Blood Donation Drive was organised by the NSS Unit in collaboration with KEM Hospital Blood Bank. 60 volunteers participated in the activity. Total 131 units of blood was collected from both drives. Donor's included NSS Volunteers, College students, teaching & non teaching Staff.

Objective:-

- To ensure availability of safe and quality blood and other blood components, round the clock and throughout the year.
- To involve college youth in community service.

Outcome:- Collected 131 Blood units which inturn will be used to save lives of 393 (131×3) general public in need of blood.

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15. ROAD SAFETY AWARENESS



Road Safety Awareness Activities were conducted in collaboration with NGO United Way as per Instructions received from NSS Cell, University of Mumbai where in 30 volunteers participated. The Awareness Activities included Distribution of pamphlets and cards to two-wheeler and four-wheeler drivers at Haji Ali signal. This activity was conducted from 3rd to 5th May 2018. Road Safety week was celebrated from 12th to 29th Jan 2019 and 4th Feb 2019. By organizing activities like poster making competition seminar, workshop, rallies and Games.

Objective: The activity was conducted with the objective of creating an awareness among the riders/ drivers to drive safe, follow all the road safety norms and have respect for the pedestrians thereby preventing accidents.

Outcome: A lot of individuals in the college premises and in the community/ roads were made aware about the danger and fatality due to ignorance, careless and reckless behaviour among them Road Safety Awareness Activities were conducted in collaboration with NGO United Way as per Instructions received from NSS Cell, University of Mumbai where in 80 volunteers participated. The Awareness Activities included Distribution of pamphlets and cards to two-wheeler and four-wheeler drivers at Haji Ali signal. This activity was conducted from 3rd to 5th May 2018. Road Safety week was celebrated from 12th to 29th Jan 2019 and 4th Feb 2019. By organizing activities like poster making competition seminar, workshop, rallies and Games.

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16. BONE MARROW REGISTRATION (23rd January 2019)





The Bone Marrow Registry awareness activity were conducted in collaboration with Marrow Donation Registry of India (MDRI) as per the instructions received from NSS cell, University of Mumbai wherein 30 volunteers participated.

Objective: The objective was to register the Bone marrow and spread awareness about the bone marrow registration

Outcome: All the volunteers participating in this activity got their Bone marrow registered and they spread the awareness among their family, friends and locality about this. They also provided information on how to register the bone marrow.





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17.SESSION ON DEPRESSION







Date: 23rd January, 2018.

A Sessions on Depression was organised by the NSS Unit in collaboration with "The Movement" wherein 84 volunteers participated.

Objective: Was to create and spread awareness about how to keep our mind calm and less tensed in depression and how to avoid negative thoughts.

Outcome: 100 participants were sensitized about the need & requirement to prevent & tackle Depression & foster mental health.







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18. REPUBLIC DAY



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Republic Day was conducted with collaboration with St. George as per the instructions received from the NSS cell, University of Mumbai where in 40 volunteers participated. This activity included Flag Hosting at college campus with senior citizen. There was dance and singing performed by the volunteers after events snacks and gifts were provided to them. It was conducted on 26th January 2019.

Objective: The motive of this event was to make people remember about the date on which the Constitution of India came into effect. To make people remember about the struggle our ancestors went through to create a free democratic Nation

Outcome: All the students and volunteers were made aware of all the important facts about the Nation and various entertainment programme were organized volunteers to cheer this day.

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19. DISASTER MANAGEMENT WORKSHOP





Disaster management workshop was conducted in collaboration with DISASTER MANAGEMENT UNIT, BMC, MUMBAI. As per instructions received from NSS CELL, University of Mumbai where 35 volunteers have participated. It was conducted at MGCM office of disaster management. They thought us various safety measures. was conducted on 6th and 7th February 2019

Objective: The objective of this activity was to learn and adapt to the situations of any kind of disaster. To learn how to survive in different types of disaster according to the calamities. Learning differ types for survival skills used during a disaster

Outcome: The students attend the seminar which was setup they were taught different types of skills and tricks as on how to act in a certain type of a calamities. The disaster management team instructed the students about the Do's and Don'ts of different calamities.





