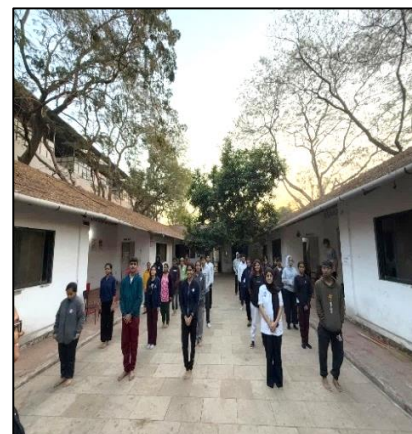


NATIONAL SERVICE SCHEME (N.S.S UNIT)

NSS SPECIAL RURAL RESIDENTIAL CAMP REPORT 2024 – 2025



• INTRODUCTION

The National Service Scheme (NSS) Unit of Lala Lajpatrai College of Commerce and Economics (Autonomous) organized a special 7-day residential rural camp at Badlapur, from the 29th of January to the 4th of February, 2025. The camp was attended by a total of 46 enthusiastic volunteers, along with 7 ex-volunteers and 1 NSS Program Officer. The primary objective of this rural camp was to engage volunteers in community development activities, raise social awareness, and offer them an experiential learning opportunity that aligns with the values and mission of NSS.

Throughout the camp, various community development initiatives and awareness programs were organized to address local issues. Volunteers actively participated in sessions that focused on social issues, health awareness, sanitation, environmental conservation, and the importance of rural development. This camp provided participants not only a chance to contribute to the betterment of the local community but also allowed them to gain invaluable insights into the needs and challenges faced by rural populations.

The activities conducted during this week-long camp helped volunteers develop practical skills in social service, teamwork, and leadership. This report highlights the key events, sessions, and outcomes of the camp, showcasing the collective efforts and the knowledge gained by the volunteers in their journey of service to society.

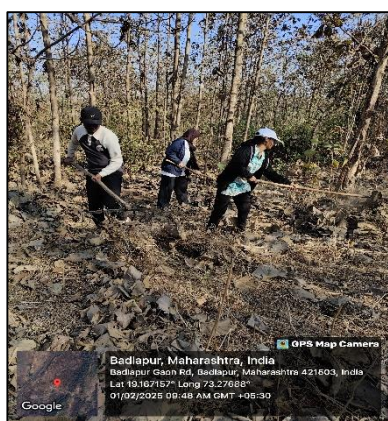
PROGRAM OFFICER:

PRINCIPAL:



• TEAM- BUILDING SESSION

A workshop on “Team Building” was organized on the 1st day of camp i.e. on 29th January, 2025. On the first day, Dr. Sunita Gaikwad conducted a session on team building through interactive games that emphasized trust, coordination, and leadership. Volunteers actively participated, learning problem-solving, communication, and decision-making skills. The activities strengthened their teamwork, encouraged mutual support, and helped them overcome challenges together. By the end of the session, they had built strong bonds and gained valuable lessons in cooperation, making it an enriching and memorable experience.



● **FOREST CONSERVATION**

Shramanubhava includes physical activities done daily by the volunteers in Forest area where they practiced cleaning and ploughing participated in a forest conservation activity. This activity was conducted on the second, third, and fourth days of camp i.e. on 30th 31st Januray and 1st February, 2025 ensuring a continuous and effective contribution towards maintaining the forest's natural balance. Over three days, they cleaned the forest by collecting dry leaves, waste, and discarded materials. This initiative aimed to preserve biodiversity, prevent environmental degradation, and promote sustainability.



• GENDER SENSITIZATION

The "Gender Identifying" session by Mr. Parvin Thote Sir on 31st January, 2025 i.e. on the third day at the NSS camp it educated participants on gender identity, roles, and inclusivity. It distinguished biological sex from gender, addressed stereotypes, promoted LGBTQ+ awareness, and emphasized gender equality and legal rights. Through interactive discussions, it fostered empathy, open-mindedness, and social awareness, aligning with the NSS mission. The session also highlighted the impact of societal norms on perceptions of masculinity and femininity, encouraging participants to challenge biases. By promoting respect for diverse gender expressions, it aimed to create a more inclusive and accepting society.



● PRADHAN MANTRI UJJWAL YOJANA AWARENESS

As part of the NSS camp, students conducted an awareness campaign on the Pradhan Mantri Ujjwala Yojana (PMUY) in a village on day 3. They educated residents on the benefits of clean cooking fuel, eligibility, and the application process. Volunteers addressed concerns about safety, affordability, and subsidies, promoting healthier cooking alternatives and empowering villagers to access government support. Through this initiative, the NSS volunteers helped spread awareness about healthier cooking alternatives while empowering villagers to avail themselves of government support for a better quality of life.



• **STARGAZING SESSION**

During an NSS camp, a stargazing session was conducted by Mr. Akshay Shinde Sir which offers students a chance to explore celestial bodies like stars, planets, and constellations. Guided by experts, they learn to identify major constellations such as Orion and Ursa Major, along with visible planets like Venus and Jupiter. The session provided a mesmerizing experience as students observed the night sky and learned about the movements of celestial bodies. Sir also explained the role of astronomy in different cultures and its impact on scientific discoveries. The hands-on experience with telescopes enhanced their understanding, making the session both educational and exciting. It inspired students to explore astronomy further and appreciate the vastness of the universe.



• ANDHASHRADDHA NIRMULAN

The Andhashraddha Nirmulan session at the NSS camp aimed to promote scientific thinking and eradicate blind faith. Led by experts, it exposed the myths behind superstitions through demonstrations and discussions on critical thinking. Participants learned to question traditional beliefs, understand social issues linked to superstitions, and adopt a rational mindset. Through interactive activities and real-life examples, the session encouraged logical reasoning, fostering a progressive and enlightened society. The session also emphasized the role of education in dispelling misconceptions and empowering individuals to challenge irrational beliefs. By engaging in thought-provoking discussions, students developed the confidence to advocate for scientific reasoning in their communities.



• HANDMADE PAPER RECYCLING SESSION

On the fourth day of the NSS camp, volunteers attended an engaging session on handmade paper recycling by Mr. Kapildeo Indurkar Sir. During the session, Sir explained the importance of recycling and how we can make proper use of waste paper instead of throwing it away. He demonstrated the process of making new paper from old and used paper and also shared innovative ideas on how waste paper can be transformed into useful and artistic items. The session was highly interactive, as volunteers got hands-on experience in creating recycled paper, understanding the techniques involved, and exploring different ways to use it creatively. The session encouraged everyone to think about sustainability and how small efforts in recycling can contribute to a cleaner and greener world. This experience gave them a fresh perspective on waste management and sustainability, making them more conscious of their role in protecting the environment.



• SEED BALL – MAKING SESSION

On the fifth day of the NSS camp, volunteers attended a seed ball-making session by Dr. Rashmi Joshi. She explained the role of seed balls in reforestation and demonstrated how to create them using fruit seeds, soil, and clay. Volunteers actively participated, making and preparing seed balls with different kind of seeds for dispersal in open spaces. The session inspired the volunteers to take small but impactful steps towards environmental conservation. It was a great learning experience for everyone as they understood how simple actions like making and dispersing seed balls can contribute to a greener future.



● **BANDHARA BUILDING**

During the NSS camp, students actively participated in the construction of a Bandhara (check dam) on the sixth and seventh day of the camp i.e. on 3rd, 4th February, 2025. The dam was constructed by using stones, soil, and rocks to help with water conservation and irrigation in the village. This initiative aimed to prevent water runoff, recharge groundwater levels, and provide a sustainable water source for local farmers. Under the guidance of experts, students worked together to arrange stones and pack soil strategically, ensuring the structure was strong and effective. The activity not only contributed to the village's water management system but also taught students the importance of conservation, teamwork, and rural development. By engaging in this hands-on task, the volunteers gained practical knowledge of sustainable water conservation techniques, making the experience both educational and impactful for the community.



• CYBER CRIME SESSION

The NSS volunteers had the opportunity to attend an insightful session on Cyber Crime conducted by Mr. Govind Sir. The interactive session raised awareness about cyber threats and emphasized responsible internet usage, equipping students to stay alert and educate others on online safety. The session highlighted how cyber criminals steal personal data and commit financial frauds through phishing and online scams. He shared practical tips on safeguarding digital identity, avoiding suspicious links, and ensuring secure online transactions. Volunteers actively participated, asking questions and discussing real-world cybersecurity threats. The session served as an eye-opener, empowering students to be more cautious online and spread awareness about cyber safety in their communities. It was a highly informative session that helped raise awareness about cyber threats and encouraged volunteers to educate others about online safety.



● CLOTH DONATION

As part of the NSS camp, students organized a clothes donation drive, collecting usable garments and distributing them to underprivileged villagers. The initiative promoted sustainability while aiding those in need. Students interacted with residents, understanding their struggles and ensuring fair distribution. They distributed clothes based on age, size, and necessity, ensuring that everyone received something useful. The interaction created a sense of connection and empathy, as students listened to villagers' stories and shared words of encouragement. This activity not only provided material support but also spread awareness about the importance of sharing, kindness, and sustainable living, making it a truly meaningful experience for both students and villagers.



• BOOK DONATION

The Book Donation activity at the NSS camp aimed to promote education by providing books to underprivileged students along with Stationary kit , pouches and board games at Zilla Parishad School, Ratholi. Volunteers not only distributed books but also engaged with the children, discussing their aspirations and challenges. Through fun and educational games, they created a joyful learning environment, motivation and confidence among students. The initiative spread the joy, hapiness, making a meaningful impact on both students and volunteers. These activities helped build a friendly and encouraging atmosphere making the students feel motivated and valued.



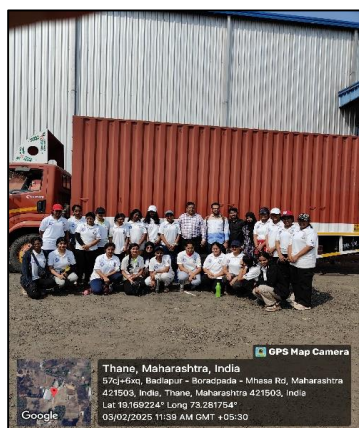
• **STREET PLAY**

Street play activity was conducted by our volunteers in which volunteers enthusiastically practiced their street play on the topic dowry and cancer awareness etc daily in camp in their free time volunteers were practicing and planning with their team members about the streetplay. Volunteers performed street play on 6th day of camp i.e. on 3rd February 2025 at camp site.



● **CULTURAL NIGHT**

On the 6th day of the special rural camp, i.e., 3rd February 2025, a vibrant Cultural Night was organized, adding joy and excitement to the camp. Volunteers showcased their talents through group dance, solo dance, poetry, and a street play, making the evening lively and entertaining. Dressed in traditional attire, everyone embraced the cultural spirit, creating a warm and festive atmosphere. Following the performances, a campfire was held, where all volunteers gathered to reflect on their 7-day camp experience. They shared their learnings, challenges, and memorable moments, strengthening the bond among them. The night was filled with laughter, joy, and heartfelt conversations, making it a memorable highlight of the camp.



• PAPER FACTORY VISIT

As part of the NSS camp activities, students visited a paper factory to gain practical insights into the paper production and recycling process. The visit aimed to educate students about the importance of sustainable practices in paper manufacturing. Upon arrival, they were given a guided tour of the factory, where they observed various stages of paper production, from pulp preparation to the final product. Experts at the factory explained the role of recycling in reducing environmental impact, emphasizing how used paper is processed and transformed into new sheets. The visit emphasized the importance of reducing paper waste and adopting eco-friendly habits.



• MIND TRAINING AND NUMEROLOGY

The NSS volunteers at camp attended an enriching session on Numerology and Mind Training by Dr. Vijay Kukreja on the last day of the camp i.e. 4th February, 2025. He explained how numbers influence personalities and life paths, providing insights based on birth dates. Along with numerology, the session emphasized the importance of a positive mindset, self-discipline, and effective learning strategies to achieve success in education. Volunteers actively participated, asked questions, and gained practical tips that would help them in their academic journey. The knowledge gained in this session will surely benefit them in both personal and academic life, making it a memorable and impactful experience for all.



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• **CONCLUSION:**

The 7-day residential rural camp at Badlapur proved to be a transformative experience for the NSS volunteers of Lala Lajpatrai College of Commerce and Economics (Autonomous) through various community service initiatives and awareness programs, the camp successfully instilled a sense of social responsibility, teamwork, and leadership among the participants. Volunteers not only contributed to the well-being of the local community but also gained a deeper understanding of rural challenges and the importance of grassroots development. The camp reinforced the core values of NSS and served as a stepping stone for volunteers to continue making a meaningful impact in society.

Overall, this immersive experience not only benefited the locals but also shaped the volunteers into responsible and compassionate individuals, dedicated to making a lasting impact on society. The impact of this camp will continue to inspire the volunteers to contribute meaningfully to society in the future.

PROGRAM OFFICER:

PRINCIPAL: