

OF COMMERCE & ECONOMICS (AUTONOMOUS)

AFFILIATED TO UNIVERSITY OF MUMBAI NAAC ACCREDITED - 'A' GRADE (CGPA-3.20)

Lala Lajpatrai Marg, Mahalaxmi, Mumbai - 400 034. Tel.: 2354 8240 / 2354 8241 E-mail: principal@lalacollege.edu.in | principal.llc@gmail.com | Website: www.lalacollege.edu.in





<u>BENEFICIARIES</u> : 40+ Nos. <u>DATE OF EVENT</u> : 03.08.2024

NAME OF EVENT : FREE HEALTH CHECK CAMP

NUMBER OF PARTICIPANTS: 70

OBJECTIVES OF THE PROGRAM:

- Provide free health check-ups and services to the teaching and non-teaching staff of Lala Lajpatrai College.
- Raise awareness about health and wellness among staff members.
- Encourage proactive health management through regular check-ups and consultations.
- Foster a healthy work environment within the college community.

BRIEF REPORT OF THE ACTIVITY:

The Health Camp was held on 03rd August 2024 at Lala Lajpatrai College. The students of the BFMg department took the initiative to organize this camp for the teaching and non-teaching staff. The event aimed to provide essential health services, including blood pressure checks, blood sugar monitoring, eye exams, and nutritional consultations.

Healthcare professionals, including doctors, nurses, and nutritionists, were invited to provide services and offer valuable health advice. The camp served as a platform for the staff to learn about maintaining a healthy lifestyle and to address any underlying health concerns.

The event was well-organized with appropriate medical equipment and a dedicated space for consultations, making it easy for the staff to access the services.

OUTCOME OF THE PROGRAM:

Health Awareness: The event significantly increased health awareness among the staff. Many participants realized the importance of regular check-ups and adopted healthier habits as a result.

Improved Staff Well-being: Staff members reported feeling more informed about their health and were encouraged to take preventive measures against common health issues such as high blood pressure and diabetes.

Positive Feedback: The camp received positive feedback from staff members, with many appreciating the initiative and suggesting similar events in the future. It helped in building a sense of community and support within the college.

Encouragement for Future Health Initiatives: The success of this event has inspired the BFMg department to consider organizing similar health camps regularly, benefiting both staff and students.





SD/-

Dr. Harmeet Kaur Bhasin Principal

Dr. Mona Thakkar Pandya BFMg Coordinator



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RAAS-GARBA UTSAV



DATE OF EVENT: 04TH OCT 2024

NAME OF EVENT: RAAS GARBA UTSAV

NUMBER OF PARTICIPANTS/ BENEFICIARIES: 66

OBJECTIVES OF THE PROGRAM:

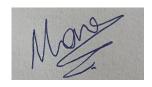
- 1. To allow the students to appreciate the cultural heritage of our country by celebrating the festival of Navratri.
- 2. To give them an opportunity to interact outside the formal theoretical college environment.

BRIEF REPORT OF THE ACTIVITY

Raas Garba Utsav was a brainchild of the second year and third year students of the BFM Department. It was held with an intention of spreading the awareness of our Indian culture and heritage and also allowing all to participate in the simple folk-dance program and develop an understanding and appreciation of the same.

OUTCOME OF THE PROGRAM

- 1. The students enjoyed the simple folk dances and developed an appreciation of our traditions.
- 2. The event also gave the students an opportunity to further bond amongst themselves and strengthened their spirit of fraternity.



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Dr. Mona Thakkar Pandya BFMg Coordinator Dr. Harmeet Kaur Bhasin Principal



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ACADEMIC & CULTURAL FEST "IGNITE 2025"



DATE OF EVENT: 6TH JAN, 7th JAN & 8TH JAN 2025

NAME OF EVENT: IGNITE 2025

NUMBER OF PARTICIPANTS/ BENEFICIARIES: 76 Nos.

OBJECTIVES OF THE PROGRAM:

- 1. To provide a platform to the students to showcase their talent and their organizing and management skills.
- 2. To give them a chance to learn teamwork and benefits of team spirit first hand by putting together the entire event on their own.
- 3. To also give them an opportunity of putting efforts and raising finances for the event and also spending the money raised in a systematic manner.



LALA LAJPATRAI COLLEGE OF COMMERCE & ECONOMICS (AUTONOMOUS)

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BRIEF REPORT OF THE ACTIVITY

- IGNITE is the BFM department's flagship fest which is organized every year very enthusiastically by the students. It actually provides them a learning opportunity to develop their organizational and leadership capabilities. Students of all three years collaborate and undertake this event every year. This year as well, many events were held over a period of three days. The students managed to get a participation from contingents of 11 Mumbai colleges which was highly commendable.
- The events and competitions were conducted over a span of three days and were participated in huge numbers by the various colleges taking part. The performances and various events were judged by neutral judges and the winners were selected among them.
- The Day 1 events were Story Writing, Double It, After Movie, Fifa, Shark Tank, Quill Making, Nail Art, MUN, Crime Investigation, Stock Market, and Mono Act.
- The Day 2 events were Poster Making, Shayari, Tug of War, BGMI, Auction, Fab Fitness, War of CL, JAM, Face Painting, PR Rally, and War of DJ / Surprise Event.
- The Day 3 events were Band Event, Group Dance, MR & MISS, Fashion Show, Latent, and Prize Distribution.
- The BEST COLLEGE AWARD for IGNITE 2024 went to Ritambhara College of Commerce & Commer
- Economics and the runner-up college was KJ Somiya College of Commerce and the third place went to Bhavans College.
- The BEST CL was awarded to the CL from Elphinstone College of Arts & Commerce. The BEST PR was awarded to RD National College. The MOST ASPIRING was awarded to Sasmira College.
- The activities were well-planned and properly executed and the entire three day fest went very smoothly and grandly and the organizing committee deserved full credit for their excellent organizational skills keeping in mind the limited resources at their disposal. Total 58 students attended the event from BFM Department of which 26 were females and 32 were males

OUTCOME OF THE PROGRAM:

- 1. For the students it was a genuine learning effort in the real world dealing and they got to learn how events are conceptualized, arranged and put into effect successfully.
- 2. The students also got a chance to understand the depth of the management theories and put them into practice to good effect.
- 3. The event provided the students an opportunity to network with other students of various participant colleges.

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NAME OF EVENT DATE OF EVENT

NUMBER OF PARTCIPANTS

: TRADITIONAL DAY : 10th March, 2025

: Nos. 35

OBJECTIVES OF THE PROGRAM:

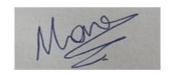
To promote cultural awareness, encourage student participation, and celebrate India's diverse traditions through interactive and engaging activities.

BRIEF REPORT OF THE ACTIVITY:

- o Traditional Day was celebrated with great joy and enthusiasm by the BFM.G department at Lala College.
- Students arrived in colorful traditional attire, showcasing the rich and diverse cultures of India. The college campus was beautifully decorated to match the festive mood of the event.
- o It was a day to embrace cultural roots and traditions while celebrating unity in diversity. The vibrant atmosphere reflected the spirit of togetherness and pride in heritage.
- The event featured various performances like folk dances, traditional songs, ramp walks, and cultural showcases by students.
- These activities not only entertained but also highlighted the beauty of India's cultural richness. Faculty and students actively participated, making the event inclusive and lively.
- The celebration served as a break from routine academic life and brought a fresh burst of energy. It created opportunities for students to connect and collaborate.
- Overall, Traditional Day was a memorable experience for everyone involved. It gave students a platform to express their identities through clothing, performance, and creativity. The coordination among students improved their teambuilding and organizational skills. The faculty appreciated the spirit and discipline of the participants. The event ended on a high note with smiles, laughter, and cherished memories.

OUTCOME OF THE PROGRAM:

Students developed a deeper appreciation for different cultures, improved team spirit, and built stronger bonds within the department



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